



Learning to See: Photography and Prayer Retreat



18-21 September 2018

- Are you interested in deepening your experience of prayer?
- Would you also like to learn how to take better photographs?

Then this is your chance to take some time out and re-focus body, mind and spirit. The retreat will weave together some of the Christian contemplative prayer heritage together with the discipline and art of photography. The result will be to experience what the renowned photographer, Henri Cartier Bresson described as: **'Keeping head, mind and heart focussed in the same direction.'** We must learn to see our lives, our faith journey, our world in fresh ways.

Where: The beautiful setting of St Non's Retreat House, just outside the historic cathedral city of St David's, Pembrokeshire will provide ample spiritual and geographical resources to help re-focus. There will be led sessions, time for solo work/rest, and time to practice.

Cost: Dinner, bed and breakfast and all input £320.



Retreat Leader: Rev'd Susan Blagden, Dip Photography, Spiritual Director, and Tutor in St Padarn's Institute, Church in Wales

To request a booking form or ask any other questions please do so through the contact tab on <http://www.contemplativecamera.org/contact.html>

No photographic experience is necessary. Any equipment will be accommodated from disposable camera/camera phone to DSLR.

Special Offer: Book before 1 March 2018 for only £285..

